

## LEGAL AND FINANCIAL PROTECTIVE MEASURES FOR ALZHEIMER'S PATIENTS

### Empower Yourself and Your Family

By *Patricia J. Mello, Esquire*



*Attorney Mello is a Member of the National and Mass. Chapters of the National Academy of Elder Law Attorneys and a Member of the Board of Directors of Alzheimer Services of Cape Cod & the Islands, Inc.*

Dealing with Alzheimer's? Where and when do you turn for help to understand the legal implications and potentially staggering financial costs associated with this disease? As an attorney dedicated exclusively in elder law, I am in my tenth year focusing daily on these issues. My experience has enabled me to work through both the obvious and many more subtle legal and financial issues encountered by those most affected by the disease. My goal in this article is to raise awareness that there is help and hope that Alzheimer's does not have to be legally and financially devastating, provided that family members address these issues as early as possible.

My experience shows that the most common and frightening misunderstanding related to the cost of caring for an Alzheimer's patient surrounds the financial protection of the well spouse or preservation of assets for the next generation of the single person with Alzheimer's. While the patient is in the earliest stages of Alzheimer's, the family has the opportunity to put disability documents in place that will set the roadmap for legal and financial decisions anticipated during the progression of the disease. While this is not an expensive process to undertake with an elder law attorney, the costs associated with not implementing disability documents early on could be significant. (\*A note of caution: you need an elder law attorney for this process because they stay current with the ever-changing specifics required within the documents that attorneys who do not specialize in elder law might miss). The documents are 1) a durable power of attorney (either instant or springing) and 2) a health care proxy.

These documents are important because they allow the family to manage the Alzheimer's patient's estate and make health care decisions when he/she becomes incompetent.

Hope is not lost if the Alzheimer's patient's disease has progressed to incompetency without having taken protective measures. The process at this point becomes more complicated legally and has significant related costs that would not have incurred had the patient signed a durable power of attorney and health care proxy. At this stage, family members need to engage an elder law attorney who can then help maximize their legal and financial protection and navigate through the intricacies of assuming guardianship of the incompetent patient.

If it becomes necessary for the Alzheimer's patient to enter a nursing home for the remainder of his/her lifetime, the family must deal with understanding which resources are available to pay for the nursing home stay. Briefly, the Medicare program is designed to cover medical needs as opposed to custodial/nursing home needs. Medicare pays benefits regardless of the financial status of the recipient (i.e., you can be well off and qualify for Medicare). Only if the nursing home stay is medically necessary and the patient is expected to recover, will Medicare pay some portion of nursing home costs for up to 100 days. If the patient has supplemental insurance, it is in effect only as long as Medicare is in place. Typically the Alzheimer's patient does not meet the medical standard for Medicare reimbursement for nursing home care as the patient's needs are for long-term care rather than rehabilitative services.

Therefore, typically the only source of payment for the nursing home expense is private pay or to qualify the Alzheimer's patient for LTC Medicaid. The exception to this is the individual who purchased Long Term Care insurance, which can only be purchased by an individual who is healthy.

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**ALZHEIMER'S  
SERVICES  
of Cape Cod & the  
Islands, Inc.**

**Volunteer Board of Directors  
2004 - 2005**

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*Upcoming Programs with  
Patricia J. Mello, Esq.*

**“Planning Ahead:  
Legal Issues for  
Alzheimer’s Caregivers”**

**Tuesday, May 24, 2005;**  
**10:00 – 11:30 am**  
*Mashpee Senior Center*

**Monday, June 13, 2005;**  
**1:00 – 2:30 pm**  
*Falmouth Senior Center*

**Thursday, June 16, 2005;**  
**10:00 – 11:30 am**  
*The Tremont Rehab & Skilled  
Care Center in Wareham*

***From the Executive Director...***

Since it has been such a long and snowy winter, this may be the ideal time for family caregivers to consider taking a break from care-giving to enjoy some time out of the house. Our Respite Grant Program helps to pay for additional care so that caregivers can shake off the winter doldrums and the isolation the long-lasting snow can bring. Grants of up to \$400 are available to pay for additional home care services or extra days in a day program. Also a number of our local residential care facilities have generously agreed to provide a 3-night stay under our grant program. To request an application please call Pat at our office. (*see page 9 for more information*)

In January we were deeply saddened by the passing of our friend and long-time volunteer Rowena Chase. We knew Rowena well, first as a devoted caregiver for her husband Allan and then as a loyal volunteer. Rowena offered her help to us at a time when we were struggling to manage the busy office with only two staff members and a few dedicated volunteers. She had no experience in an office setting but wanted to help and was willing to try anything. She took her duties to heart. We celebrated with her as she mastered the copier, the fax machine and multi-line phones. We joked that she was developing her resume and would soon be due a raise! Instead she was recognized as a Volunteer of the Year in 2001. To quote Winston Churchill, “*We make a living by what we get, we make a life by what we give.*” Rowena gave us her best. We miss her keen sense of humor and gracious style.

All the best as we look forward to the spring thaw!

Cathy Pastva

**Legal And Financial Protective  
Measures For Alzheimer’s Patients –  
*continued from page 1***

This insurance policy is in addition to Medicare/Supplemental insurance premiums and is expensive. Since the average cost of nursing home care on Cape Cod is approximately \$86,400 per year or about \$7,200 month, it is apparent understanding how to qualify the Alzheimer’s patient quickly for LTC Medicaid is the key to protecting assets for the well spouse or next generation.

The rules for LTC Medicaid eligibility differ based on marital status. If married, the well spouse may keep the house and one-half the liquid assets not to exceed \$95,100. There are protective measures that can be put in place to preserve any assets exceeding the allowable limit. One such measure is the purchase of an immediate income annuity policy. Rules governing the protection of assets are specific and strict and best implemented working with your elder law attorney.

If single (never married, widowed), the rules are straightforward; he/she must have no more than \$2,000 in liquid assets. If the single patient owns a house and no more than \$2,000 in liquid assets, he/she will qualify for LTC Medicaid, the state will place a lien on the property and will collect against the amount it contributed for nursing home care upon death. There are protective measures that can be put in place to preserve any assets exceeding the allowable limit through timely gifting. The rules are strict and demand careful planning and working with your elder law attorney.

I expect this article may have raised more questions than provided answers. Reading this article is the first step toward becoming empowered on the journey that lies ahead. Remember, the keys are to be informed, to utilize the services of an elder law attorney who is an expert at dealing with the issues at hand and to take action sooner rather than later to maximize your protection with minimal emotional strain.

*Elder Law Attorney Patricia J. Mello is Manager of  
The Law Office of Patricia J. Mello, P.C. located in  
Mashpee, MA. 508-477-0267.*

# CALENDAR OF EVENTS

*Alzheimer's Services of Cape Cod & the Islands, Inc. is a private, 501(c)(3), non-profit agency that is funded solely by private donations, fund-raising events, membership gifts, and grants. All donations to Alzheimer's Services remain in the greater Cape Cod region to fund programs and services for people with Alzheimer's disease, their families and professional caregivers.*

## 4<sup>th</sup> annual Winter Festival

Raises over \$25,000

More than 200 people were at the Sandwich Glass Museum on Friday, March 18<sup>th</sup> to sample wines courtesy of the Sandwich Package Store and hors d'oeuvres donated by facilities and restaurants in the Sandwich area. John Terrio led a spirited auction of items and services to raise over \$25,000.



State Rep. Jeffrey Davis Perry, honorary Chair and his wife Lisa

Co-workers Doreen Gonsalves, Patti Mello, Marie Devlin, Colleen Meehan and Vicky Dodson from the Law Office of Patricia J. Mello in Mashpee



Alzheimer's Services Board Member Carol Summersall catches up with former Board Members Fran Lavin and Maureen Russell



Board Members Lucy Tannyhill Cromwell, Arthur Bence and Andrea Catizone



Auctioneer John Terrio enjoys the reception before the auction with his wife Carol and her mother and former Alzheimer's Services Board Member, Fran Lavin

Alzheimer's Services Executive Director Cathy Pastva at the auction with volunteer Gil Martin



Beth Houlihan, Glass Museum volunteer with Joan Houlihan, Executive Director of Atria Woodbriar in Falmouth and Marie Devlin



Morris Rubin who shared his talent on the french horn is seen here with Sharon Dexter and Tracey Vachon of Harbor Point at Centerville.



### 10<sup>th</sup> annual **SUNSET CRUISE**

Hors d'oeuvres - Desserts  
Music - Harbor Cruise

**Friday, June 17, 2005**

Boarding 7:15 PM

Hy-Line South Dock on Ocean Street,  
Hyannis Harbor

### Raffle

Refreshments and Prizes Donated  
by Local Merchants

**\$25 per  
person**



### Save the Date

Saturday,  
**August 20, 2005**

**4<sup>th</sup> Annual  
Sandpiper Gallery  
Reception**

**95 Commercial St.  
Wellfleet**

### Thank you

**Figawi Charities**

and

**The Law Office of  
Patricia J. Mello, PC**



Your generous contributions have underwritten the cost  
of printing and distribution of this newsletter

Visit Our Web Site: [WWW.ALZCAPECOD.ORG](http://WWW.ALZCAPECOD.ORG)

Thank you David Watson and [by-the-sea.com](http://by-the-sea.com) hosting our new web site.

**AMAZON.COM LINK:**

When you access Amazon.com through a link on our site, Amazon.com will donate a portion of any items that you purchase to Alzheimer's Services.

**Please use it and spread the word!**

**We are grateful for all the memorials and gifts given to *Alzheimer's Services of Cape Cod & the Islands, Inc.*  
These gifts honor friends and loved ones and help us meet the needs of education, family support, advocacy  
and research. Listed below are the names of those who have honored a loved one between  
March 16, 2004 and March 6, 2005**

**Osmo Aaltonen**

Mr. and Mrs. John  
Aupperlee  
Ms. Lucette Briggs  
Mr. and Mrs. Robert  
Dwight  
Finnish-American Society  
of Cape Cod  
Mrs. Judith Goodman  
Mrs. John Haggerty  
Kirsti Kaski  
Mr. and Mrs. Joseph  
Monteforte  
Ms. Vicki Timper

**Nana Andersen**

The Hassett Family

**Catherine Anderson**

Mr. and Mrs. Peter Alinskas  
Mrs. Marion Armstrong  
Mr. Peter Clark  
Syrel, Mick and Lindsey  
Dawson  
East Falmouth Post Office  
Mr. and Mrs. Stan Jacobs  
and Family  
Ms. Jennifer Lyon and  
Family  
North Falmouth Elementary  
School Staff  
Mr. and Mrs. Edmund  
Plummer  
Mrs. Eutropy Sinkevich  
Ms. Barbara Sosnowski  
Ms. Joanne Spurr

**Archie Anthony**

Barnstable Municipal  
Employees Assoc.

**Jeanne Eagles Aronson**

Mr. and Mrs. Verne Geddes

**Dr. Richard Atkins Jr**

Mr. and Mrs. Warren Allan  
Mr. and Mrs. David Daniels  
Mr. and Mrs. Nathanael  
Davis  
Ms. Christine Farber  
Mr. and Mrs. Gordon King  
Ms. Kathleen Kosinski  
Mr. and Mrs. Kenneth  
Morrow  
Ms. Anne Rounseville

**Henry Beaulac**

John, Sue, Elaine and  
Lynne at the Sandwich  
Post Office  
Mr. and Mrs. Hal Banks  
Mr. Leo Beaulac  
Ms. Janet Brooks  
Mr. and Mrs. Henry  
Fillinich  
Mr. and Mrs. Larry Flick  
Mr. Anthony Glista  
Mrs. Malvina Medeiros  
Ms. Jean Piper &  
Ms. Florence Piper  
Mrs. Elaine Sullivan

**Charles Beckley**

Employees of Hunterdon  
Co. Dept. of Health

**Richard Belden**

Flying Geese Quilters  
Mrs. Dorothy Turkington

**Audrey Bergeron**

Mary, Joe and Jack Battista  
Mr. and Mrs. Michael  
Connelly  
Ms. Marguerite Tougas  
Ms. Bambi White &  
Ms. Mandy Curcio  
Mr. and Mrs. James  
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**Clara Blanchard**

Mr. and Mrs. Michael  
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**Martha Bleda**

Mr. and Mrs. D.H. Martin

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Mr. Stephen Jerome Ryan  
Ms. Abby Shapiro  
Ms. Jane Smith

**Hilda Cabral**

Ms. Eileen Tantum

**Ann Casella**

Mr. and Mrs. David Gaunt

**Allan Chase**

Mrs. Rowena Chase

**Rowena Chase**

Brown Brothers  
Harriman & Co.  
Mr. and Mrs. John Clary  
Mr. Douglas Donahue  
Mr. and Mrs. Dale Gibson  
Ms. Barbara Hart  
Ms. Mary Helming  
Mr. and Mrs. Edward  
Higgins  
Mr. and Mrs. Jerry Lavigne  
Ms. Lillian McLaughlin  
The Rev. Allan Roberts &  
Members of St. Bernadette  
Church  
Mr. and Mrs. Roy Schofield  
Ms. Barbara Warner  
Ms. Jeannette Warren  
The Zinn Families

**Katherine Cobb**

Ms. Audrey Chesnut  
Ms. Claire Cobb  
Ms. Ethel Conaxis  
Ms. Julia Contrada  
Mr. and Mrs. George Nash  
Mrs. Violet O'Brien  
Mr. and Mrs. Roy Petersen  
Mr. David Raduziner  
Mr. and Mrs. George  
Stecker  
Mr. and Mrs. Edward  
Whitney  
Mrs. Cobb's Thursday  
morning friends Alan,  
Don, Dot, Ed, Emily, Kay  
and Nancy

**John Corcoran**

Your Friends at Verizon

**Clifford Costello**

Mr. and Mrs. Roy Buck

**Beverly Counsell**

Mrs. Pamela Brown

**Connie Cox**

Ms. Shirley Simundza

**Edwin Crabe**

Mr. and Mrs. Terry Enos

**Dorothy DeLaura**

Mr. Herbert Olofsson

**Shirley DeMatteo**

The Family of Shirley

DeMatteo

Mr. and Mrs. Arthur  
Morton

**William DeWilde**

Mr. Edward Benz  
Ms. Patricia Canavari  
Mrs. Annamarie Crocker  
Mr. and Mrs. William  
Crockett  
Dr. and Mrs. Howard Irwin  
Mr. and Mrs. Maclean  
Kirkwood, Jr.  
Staff of John Simpkins  
Elementary School  
Mr. and Mrs. Reuben  
Wisotzky  
Mr. and Mrs. Roger  
Witherell

**Katherine Dobson**

Ms. Jacqueline Aldrich  
Mrs. Sharon Hendren

**Eugenia Drakos**

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Mrs. Frances Raftes

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Law Offices of Peter G.  
Collias  
Mr. and Mrs. Gerald  
Coutinho  
Farmer & First, P.C. CPAS  
Mr. and Mrs. Robert Garcia  
Mr. and Mrs. Edward  
Higgins  
Mr. and Mrs. David  
Holcomb  
Mr. Kenwood Lawson  
Ms. Frances MacDonald  
Mr. and Mrs. Thomas  
Madeiros  
Ms. Mary McPherson  
Mr. and Mrs. Robert  
Minotti  
Ms. Joanne Nelson  
Mrs. Patricia Packer  
Mr. Bruce Phinney  
Mr. and Mrs. Peter  
Sarantakis  
Mr. and Mrs. David Sauro  
Mr. Daniel Sheehan  
Thomas Chew Boys Club  
**James Driscoll (cont.)**  
Ms. Susan Timberlake  
Mr. and Mrs. Richard Voci

Ms. Helen Wade

**Roy Drysdale**

Mr. Bill Anders, Mr. Bob  
Tripp & Kierman Realty  
Co. of Randolph  
Mr. and Mrs. Rod Eriksen  
Mr. George Wall

**Frank Dudley**

Anonymous

**Gertrude Eisele**

Mr. and Mrs. Chester  
Dugdale

**Jeanette Ellis**

Mr. and Mrs. Charles  
Bilezikian  
Mr. and Mrs. Robert  
Britnell  
Ms. Susanna Desrosiers  
Mr. and Mrs. Harold  
Holdsworth  
Rian Ice & Nancy Ellis Ice  
Mrs. Patricia Paulin  
Mr. and Mrs. Thomas  
Planert  
Yarmouth Firefighters and  
Relief Assoc.

**Charles Fairchild**

The Beach Plum Beach  
Assoc.  
Mr. and Mrs. David Gilson  
The Greens  
Mr. and Mrs. Wayne  
Jostrand  
Mr. and Mrs. Rick Nare  
The NoteAbles  
Ms. Martha Palmer  
Mr. and Mrs. Hector  
Robitaille

**John Farry**

Mr. and Mrs. Robert Farry

**Claire Flaherty**

Ms. Jean Gilmore  
Mr. and Mrs. David Harrold  
MBTA - SMI/MOW  
Your Friends in J-118B

**Margaret Flanagan's  
Mother**

Mr. and Mrs. Max Money

Continued on pages 7 & 8

# Alzheimer's Services of Cape Cod & the Islands, Inc.

## Education Programs

Spring 2005 Newsletter Supplement

Questions & Reservations: 508-775-5656

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### "Enhancing Personal, Physical and Nutritional Care"

Thursday, April 7, 2005; 6:00 – 7:00 pm

Harbor Point at Centerville  
22 Richardson Rd., Centerville

Part of Harbor Point's Education Series: Discussion will address exercise, nutrition needs, daily activities such as mealtime, shopping, driving, dining out, household safety, and vacations and holidays.

Cost: Free For reservations and directions call: 508-778-2311

### "Effective Communication in Alzheimer's Care"

Thursday, April 14, 2005; 1:30 – 3:30 pm

Tisbury Senior Center  
34 Pine Tree Road, Vineyard Haven

Speaker: Gail Quinn, Ed.M., Alzheimer's Services

This presentation will offer tips and insights to help communicate with someone who has Alzheimer's disease throughout the various stages of the disease.

Cost: Free To register call: 508-775-5656 For directions call: 508-696-4205

### "Planning Ahead: Legal Issues for Alzheimer's Caregivers"

Thursday, April 21, 2005; 10:00 – 11:30 am

Yarmouth Senior Center  
528 Forest Road, South Yarmouth

Speaker: Judy Anthony, Haddleton & Associates

An overview of the legal documents and concerns related to long-term planning. Discussion will include Powers of Attorney, Wills, Health Care Proxy, Guardianship, and Medicare/Medicaid issues.

Cost: Free For reservations and directions call: 508-394-7606

### "Stuck in the Middle: The Sandwich Generation and Alzheimer's Care"

Thursday, April 28, 2005; 1:30 – 3:30 pm

Saltmarsh Center  
81 Washington St., Nantucket

Speaker: Gail Quinn, Ed.M., Alzheimer's Services

Deborah Hoffman's film "Complaints of a Dutiful Daughter" takes you from the discovery that "something is wrong with Mom" to the challenges of home-based care and eventual nursing home placement for her mother. Discussion will follow.

Cost: Free to the Public 2 CEUs: \$20 for Nurses & Activities Professionals – \$10 for HHAs & CNAs  
For reservations and directions call: 508-228-4490

M  
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### "When It's Time – Making the Move to Residential Care"

Wednesday, May 4, 2005; 1:30 – 4:00 pm

Harborside Healthcare  
Rehabilitation & Nursing Center of Falmouth  
359 Jones Road, Falmouth

Speakers: Cathy Pastva, LICSW, and Gail Quinn, Ed.M., Alzheimer's Services

The decision to place a loved one in residential care is never easy. We will review some of the indicators and obstacles that suggest that living at home is no longer the best option for both the caregiver and the individual with memory loss.

Cost: Free to the Public 2 CEUs \$20 for Nurses & Activities Professionals – \$10 for HHAs & CNAs  
To register call: 508-775-5656 For directions call: 508-457-9000

### "Managing Catastrophic Behaviors"

Thursday, May 5, 2005; 6:00 – 7:00 pm

Harbor Point at Centerville  
22 Richardson Rd., Centerville

Part of Harbor Point's Education Series: Discussion will address hallucinations, delusions, paranoia and suspicion, depression and anxiety.

Cost: Free For reservations and directions call: 508-778-2311

### "Complaints of a Dutiful Daughter: The Sandwich Generation and Alzheimer's Care"

Saturday, May 7, 2005; 9:30 – 11:30 am

Bourne Council on Aging  
239 Main Street, Buzzards Bay

Speaker: Gail Quinn, Ed.M., Alzheimer's Services

Deborah Hoffman's film "Complaints of a Dutiful Daughter" takes you from the discovery that "something is wrong with Mom" to the challenges of home-based care and eventual nursing home placement for her mother. Discussion will follow.

Cost: Free to the Public 2 CEUs: \$20 for Nurses & Activities Professionals – \$10 for HHAs & CNAs  
To register call: 508-775-5656 For directions call: 508-759-0654

# Alzheimer's Services of Cape Cod & the Islands, Inc.

## Education Programs

Spring 2005 Newsletter Supplement

Questions & Reservations: 508-775-5656

**M  
A  
Y**      **"When It's Time – Making the Move  
to Residential Care"**      **Friday, May 20, 2005; 1:00 – 3:00 pm**  
*Speakers: Cathy Pastva, LICSW, Alzheimer's Services  
and Gail Quinn, Ed.M., Alzheimer's Services*      *Orleans Council on Aging  
150 Rock Harbor Road, Orleans*

The decision to place a loved one in residential care is never easy. We will review some of the indicators and obstacles that suggest that living at home is no longer the best option for both the caregiver and the individual with memory loss.

**Cost: Free to the Public 2 CEUs \$20 for Nurses & Activities Professionals – \$10 for HHAs & CNAs**  
**To register call: 508-775-5656 For directions call: 508-255-6333**

**"Planning Ahead:  
Legal Issues for Alzheimer's Caregivers"**      **Tuesday, May 24, 2005; 10:00 – 11:30 am**  
*Speaker: Patricia J. Mello, Esquire*      *Mashpee Senior Center  
28 Frank E. Hicks Drive, Mashpee*

An overview of the legal documents and concerns related to long-term planning. Discussion will include Powers of Attorney, Wills, Health Care Proxy, Guardianship, and Medicare/Medicaid issues.

**Cost: Free To register call 508-775-5656 For directions call: 508-539-1440**

**J  
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E**      **"Planning Ahead:  
Legal Issues for Alzheimer's Caregivers"**      **Monday, June 13, 2005; 1:00 – 2:30 pm**  
*Speaker: Patricia J. Mello, Esquire*      *Falmouth Senior Center  
Falmouth*

An overview of the legal documents and concerns related to long-term planning. Discussion will include Powers of Attorney, Wills, Health Care Proxy, Guardianship, and Medicare/Medicaid issues.

**Cost: Free To register call 508-775-5656 For directions call: 508-540-0196**

**"Planning Ahead:  
Legal Issues for Alzheimer's Caregivers"**      **Thursday, June 16, 2005; 10:00 – 11:30 am**  
*Speaker: Patricia J. Mello, Esquire*      *The Tremont Rehabilitation & Skilled Care Center  
605 Main Street, Wareham*

An overview of the legal documents and concerns related to long-term planning. Discussion will include Powers of Attorney, Wills, Health Care Proxy, Guardianship, and Medicare/Medicaid issues.

**Cost: Free To register call 508-775-5656 For directions call: 508-295-1040**

**"When It's Time – Making the Move  
to Residential Care"**      **Wednesday, June 22, 2005; 12:30 – 2:30 pm**  
*Speakers: Cathy Pastva, LICSW, and Gail Quinn, Ed.M.  
Alzheimer's Services*      *Sandwich Council on Aging  
270 Quaker Meetinghouse Road, Sandwich*

The decision to place a loved one in residential care is never easy. We will review some of the indicators and obstacles that suggest that living at home is no longer the best option for both the caregiver and the individual with memory loss.

**Cost: Free to the Public 2 CEUs \$20 for Nurses & Activities Professionals – \$10 for HHAs & CNAs**  
**To register call: 508-775-5656 For directions call: 508-888-4737**

## 6<sup>th</sup> Annual Spring Conference

**"Voices of Alzheimer's"**      **Wednesday, May 11, 2005**  
*Speaker: Betsy Peterson, author of:*      **9:00 – 11:00 am**

**Voices of Alzheimer's: Courage, Humor, Hope,  
and Love in the Face of Dementia**

*Liberty Commons Rehabilitation and Skilled Care Center  
390 Orleans Road, North Chatham*

Betsy Peterson spent 14 years caring for her husband who was diagnosed with "probable Alzheimer's" in 1987. Betsy is joined by a few Cape Cod "voices of Alzheimer's" who will share their wisdom derived from having traveled the same uncertain path. Join us! Her book will be available for sale for \$15.

**Cost: Free To register call: 508-775-5656 For directions call: 508-945-4611**

**MEMORIALS**  
(cont.)

**Albert Flint**

Mrs. Carole Flint  
Ms. Rosalyce Flint

**Gladys Fox**

Mr. Lawrence O'Brien

**Vivian Franco**

Mrs. Vivian Dickson

**Sandor Fuss'**

**Grandmother, Oma**

Ms. Marcia Kennedy

**John F. Gage**

Mrs. Jean Gage

**Gertrude Gavin**

Anonymous  
API of NH  
Mr. and Mrs. John Daddario  
The Grendal Family  
Mr. and Mrs. Steve Grossman  
Mr. and Mrs. Howard Healy  
Ms. Elaine Savas  
Ms. Electra Savas  
Ms. Mary Snyder

**Mary Gilbert**

Mr. Milton Siegal

**Anna Gomes**

Ms. Patricia Canto  
Mr. and Mrs. Larry Carbonneau  
Ms. Dottie Colby  
Mr. Stephen Dalton  
Mr. and Mrs. John Karras  
Mr. and Mrs. Maclean Kirkwood, Jr.  
Mr. and Mrs. Peter Long  
La Tanzi, Spaulding & Landreth, P.C.  
Employees of La Tanzi, Spaulding & Landreth  
Mr. Paul MacRoberts  
Mr. and Mrs. Robert Melling  
Mr. and Mrs. George Morris  
Mrs. Rufus Pina  
Ms. Josephine Raneo  
Mr. and Mrs. Herbert Rowley  
Ms. Beverly Sanborn

**Dr. Bruce Gordon's Beloved Mother**

Mrs. Judith Goodman

**Grumpy**

Mr. Peter Moore

**Frances Hagan**

Mr. Arthur Crooks

**Louise Haley**

Ms. Patricia Cournoyer  
Mr. and Mrs. Howard Crowell  
Mr. and Mrs. Leonard Levine  
Ms. Frances Maguire

**Dorothy Havens**

Ms. Elizabeth Abeltin  
Mr. and Mrs. Wendell Anderson  
Mr. Edward Ekas  
Mr. and Mrs. John Ferrara  
Mr. and Mrs. Thomas Ferrara  
Mr. and Mrs. Oscar Frechette  
Mr. Lew Friedland  
Mr. and Mrs. John Gmeiner  
Mr. and Mrs. Edward Gorvin  
Mrs. Anne Hamilton & Ms. Jennifer Hamilton  
Mr. and Mrs. Joseph Hellmuth  
Mrs. Barbara Husband  
Mr. and Mrs. Fred Lamson  
Ms. Nancy Maffucci  
Ms. Gertrude Maglott  
Mr. and Mrs. James Mamary  
Mr. Dean Miller  
Mr. Guy Morse & the Boston Athletic Assoc.  
Mr. and Mrs. David Mosher  
Ms. Karen Neal  
The Rev. and Mrs. Allan Page  
Promania  
Ms. Lori Ravidou  
Mr. and Mrs. Carl Rosenlund  
Dr. Richard Sadowski  
Mr. Paul Stajduhar  
Mr. Barry Stoner

**Catherine Heher**

Members of Cotuit Highground Golf Course

**Eric Hendersen**

Mr. Gilbert Martin

**Yvonne Henderson**

Mr. and Mrs. Frank Bisceglia  
Mr. Gerard Boule  
Ms. Julie Beth Richard

**Robert Hilton**

Mrs. Martha MacDonald

**Frank Hirsch**

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Continued on page 8

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9<sup>th</sup> Annual

**July 16-17, 2005**

**Ride a bicycle from  
Brattleboro, VT  
to Boston, MA  
and raise money for  
Alzheimer's Research**

For information or to  
volunteer to help call  
508-564-5700 or visit  
[www.memoryride.org](http://www.memoryride.org)

100% of all funds raised  
by riders and crew-  
members go directly to  
fighting Alzheimer's  
disease.

Call *Alzheimer's Services of Cape Cod & the Islands, Inc.* (508-775-5656) for more information about these support group meetings.

**ALZHEIMER'S CAREGIVER SUPPORT GROUPS**

<p><b>BOURNE:</b> Bourne Memorial Bldg./Senior Ctr. 239 Main St., Buzzards Bay 508-759-0653 <i>2<sup>nd</sup> Tuesday @ 10:00 AM</i> (Respite care by appointment)</p>	<p><b>CENTERVILLE:</b> Harbor Point at Centerville 22 Richardson Road (&amp; Rte 28) 508-778-2311 <i>1<sup>st</sup> Thursday at 6:00 PM</i> (part of educational series)</p>	<p><b>CHATHAM:</b> Chatham Council on Aging 193 Stoney Hill Road 508-945-5190 <i>2<sup>nd</sup> &amp; 4<sup>th</sup> Mondays @ 10:00 AM</i></p>	<p><b>CHATHAM:</b> Liberty Commons Rehab. &amp; Skilled Care Center 390 Orleans Road, N. Chatham 508-945-4611 <i>3<sup>rd</sup> Tuesday @ 1:00 PM</i></p>
<p><b>DENNIS:</b> Dennis Council on Aging 1045 Route 134 508-385-8414 <i>1<sup>st</sup> &amp; 3<sup>rd</sup> Wednesdays @ 1:30 PM</i></p>	<p><b>DENNIS:</b> Eagle Pond Rehab &amp; Living Ctr. 1 Love Lane, S. Dennis 508-385-6034 <i>2<sup>nd</sup> Wednesday 3:30-4:30 PM</i></p>	<p><b>DENNIS:</b> Elder Services 68 Route 134, S. Dennis 508-394-4630 <i>2<sup>nd</sup> Wednesday @ 7:00 PM</i></p>	<p><b>FALMOUTH:</b> JML Care Center 184 Ter Heun Drive 508-457-4621 <i>Last Thursday @ 10:00 AM</i></p>
<p><b>FALMOUTH:</b> Harborside Healthcare 359 Jones Road 508-457-9000 <i>Last Tuesday @ 10:30 AM</i> (Call for schedule)</p>	<p><b>FALMOUTH:</b> Royal Nursing Center Route 28, 545 Main St. 508-548-3800 <i>2<sup>nd</sup> Tuesday @ 6:00 PM</i></p>	<p><b>HARWICH:</b> Council on Aging 100 Oak St. 508-430-7550 <i>3<sup>rd</sup> Thursday @ 10:00 AM</i></p>	<p><b>MARTHA'S VINEYARD:</b> Edgartown Council on Aging 10 Daggett St., Edgartown 508-627-4368 <i>Last Wednesday 4:00 –5:30 PM</i> <i>Includes general caregivers.</i> (Respite care by appointment)</p>
<p><b>MASHPEE:</b> Christ the King Parish (near The Mashpee Commons) Classroom B 508-477-7700 <i>1st Tuesday @ 1:00 PM</i></p>	<p><b>NANTUCKET:</b> Our Island Home 9 E. Creek Road 508-325-5360 <i>Last Friday 1:00-2:00 PM</i></p>	<p><b>NEW SEABURY:</b> The Brain Center Promontory Point 508-477-5300 <i>1<sup>st</sup> Sunday of the month</i> <i>(call to confirm date and time)</i></p>	<p><b>ORLEANS:</b> Orleans Council on Aging 150 Rock Harbor Rd. 508-255-6333 <i>4<sup>th</sup> Tuesday 1:30-3:00 PM</i> (Respite care by appointment)</p>
<p><b>PLYMOUTH:</b> Sunrise Assisted Living 97 Warren Ave. 508-746-9733 <i>1st Wednesday 7:00-8:30 PM</i> (formerly Marriott at MapleRidge)</p>	<p><b>SANDWICH:</b> Cape Heritage Nursing &amp; Rehabilitation Center 37 Route 6A 508-888-8222 <i>3<sup>rd</sup> Thursday @ 3:00 PM</i></p>	<p><b>WAREHAM:</b> The Tremont Rehabilitation and Skilled Care Center 605 Main St. (conference room) 508-295-1040 <i>2<sup>nd</sup> Thursday 3:00-4:00 PM</i></p>	<p><b>FORGET – ME – NOT YOUTH SUPPORT GROUP:</b> Hyannis Skilled Care Center 89 Lewis Bay Road <i>Pre-group interview required</i>  Call Maureen Bradley 508-888-8601</p>

**GENERAL CAREGIVER SUPPORT GROUPS** (Including Alzheimer's Caregivers)

<p><b>BREWSTER:</b> <b>Angel Care Support Group</b> Brewster Council on Aging 1673 Main Street 508-896-2737 <i>3<sup>rd</sup> Wednesday @ 10:30 AM</i></p>	<p><b>CENTERVILLE / HYANNIS:</b> Barnstable Council on Aging Route 28 – Hyannis 508-862-4750 <i>2<sup>nd</sup> Tuesday 10:30-11:30 AM</i></p>	<p><b>ORLEANS:</b> <b>For Adult Children Caregivers</b> <b>"The Boomerangs"</b> Orleans Council on Aging 150 Rock Harbor Rd. 508-255-6333 <i>2<sup>nd</sup> Thursday @ 5:15 PM</i></p>	<p><b>PROVINCETOWN:</b> Provincetown Council on Aging - Grace Gouveia Building 26 Alden St. 508-487-7080 <i>Alternate Mondays 2:30-4:00 PM</i></p>
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**EARLY STAGE SUPPORT GROUPS**

For people recently diagnosed with Alzheimer's disease and their families -- ***Interview required before joining the group***

<p><b>HYANNIS:</b> <i>Alzheimer's Services of Cape Cod &amp; the Islands, Inc.</i> 712 Main Street (call 508-775-5656 for interview and schedule)</p>	<p><b>MARTHA'S VINEYARD:</b> Edgartown Council on Aging 10 Daggett St., Edgartown <i>2<sup>nd</sup> Wednesday @ 4:00 PM</i> (call 508-627-4368 ext. 16 for interview and schedule)</p>	<p><b>ORLEANS:</b> Orleans Council on Aging 150 Rock Harbor Road (call 508-775-5656 for interview and schedule)</p>
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**Alzheimer's Services Respite Grant Program**

**Are you the primary caregiver for a person with Alzheimer's disease or another dementia who lives with you? Could you use a break from care-giving? Help is available.**

- Up to \$400 per 12-month period to help family caregivers pay for care for their loved ones so that they can attend to personal matters or special events
- Weekend and Holiday Respite Grants are funded through a Title III-e grant under the Older Americans Act.

**For an application and to learn more about this program, call Pat at Alzheimer's Services 508-775-5656.**



P.O. Box 953  
Barnstable, MA 02631



Check out  
our web site:  
[www.alzcapecod.org](http://www.alzcapecod.org)

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US POSTAGE  
**PAID**  
PERMIT NO. 7  
Barnstable, MA

**6<sup>th</sup> Annual  
Spring Conference**

**Wed., May 11, 2005**  
9:00 – 11:00 am

Liberty Commons Rehabilitation  
and Skilled Care Center  
North Chatham

**“Voices of Alzheimer’s”**  
Speaker: Betsy Peterson, author  
*Voices of Alzheimer’s:  
Courage, Humor, Hope, and  
Love in the Face of Dementia*

See page 6 of this newsletter  
for more information.

**Levels of Participation:**

**\$1,000 Event Sponsor**  
(includes company logo on  
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foursome for golf & one hole  
sponsor sign)

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**\$ 125 Individual Golfer**

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**Dinner & Auction following golf**

**To join us**  
**Call: 508-775-5656**

**4<sup>th</sup> annual Golf Tournament**  
**Thursday, May 19, 2005**  
**Ballymeade Country Club**  
**North Falmouth**  
**12:30 pm Shotgun**



4<sup>th</sup> annual GOLF  
TOURNAMENT

Major Corporate Sponsors



When you are finished with this newsletter, please pass it along to a friend or bring it to your doctor or dentist’s office. Someone may be helped and will thank you.