



The Alzheimer's Connection

A resource dedicated to informing and supporting individuals with dementia, their families, and caregivers.

Serving Cape Cod, Martha's Vineyard, and Nantucket Since 1984.

712 Main Street, Hyannis, MA 02601 • 508-775-5656 • www.alzcapecod.org

Dear Friends,

Since July and the launch of our Strategic Plan, we've been busy internally with staff training, program development, and fundraising to sustain and improve our services to local families and health-care professionals. We're excited to share our progress with you!

Our goal is to eventually publish the newsletter online and distribute it via e-mail as much as is possible. As we make this transition, this bulletin-style newsletter allows us to make information available to you. We welcome feedback and suggestions! We hope to finish 2007 (and begin 2008) with our traditional winter newsletter.

October 14 was the 16th Annual "Miles of Memories Walk." On behalf of the 2007 Walk Team and everyone at ASCCI, **thank you** to all of our friends and colleagues who showed their support! This year we increased the level of support and involvement at every site! Among our four sites (and the additional Harwich site), we had over 600 walkers, volunteers, friends & family members involved in this year's Walk.

We set an ambitious goal of \$125,000 this year and early indication is that we have almost made it! If you would like to help us in our final push to reach that goal, you may use the enclosed envelope or log onto www.alzcapecod.org/walk for more information about donating online.

Best wishes,

Alisa Galazzi, *Executive Director*

Upcoming Programs

• Support Group Leaders Quarterly Meeting

Where: Cape Cod Cooperative Bank
(695 Attucks Lane, Hyannis 02601)

When: 2 p.m.—4 p.m. Wednesday, Nov. 14

• **Education and Conversation** — a six-session series of early stage support groups for individuals in the early stages of Alzheimer's disease and their caregivers. Topics for discussion include: Learning about Alzheimer's Disease, Planning for the Future, Navigating Change, Identifying Needs & Issues, and Enjoying the Holidays. Caregivers and individuals affected by Alzheimer's disease meet in separate facilitated groups.

Where: Hospice & Palliative Care of Cape Cod
(765 Attucks Lane, Hyannis 02601)

When: 10 a.m.—11:30 a.m. Oct. 2, 16, 30, Nov. 13, 27 and Dec. 11

Contact: Bobbie Jordan (Bobbie@alzcapecod.org; 508/775.5656)

• **"Where to Begin"** — a four-part series held quarterly. Topics of discussion include: An Overview of Memory Loss, Coping with Alzheimer's Disease, Treatment Options for Alzheimer's Disease, and Planning Ahead: Legal & Financial Issues. Attendance at all four sessions is encouraged and each session is limited to 12 participants; please reserve your spot in advance.

Where: Liberty Commons Rehabilitation & Skilled Care Center
(390 Orleans Road, N. Chatham 02650)

When: 9 a.m.—10:30 p.m. Oct. 29, Nov. 5, 12, and 19

Where: Atria Woodbriar Assisted Living
(339 Gifford Street, Falmouth 02540)

When: 2 p.m.—4 p.m. Nov. 7, 14, 28 and Dec. 5

Contact: Meredith Wood (Meredith@alzcapecod.org; 508/775.5656)

• **In-Service Trainings for Professionals** — ASCCI is hosting an educational series titled "Understanding the Management of People with Alzheimer's Disease." This series of five educational in-services is designed for the staff in nursing homes, assisted living residences and home care agencies and will be offered on-site at each facility. CEU's are available for each one hour session.

Contact: Gail Quinn (Gail@alzcapecod.org; 508/775.5656)

Save the Dates

10th Annual Alzheimer's Awareness Conference Friday, November 2 • 8:30 am - 4:30 pm

Christ the King Parish Hall, Route 151 Mashpee 02649
**\$95 fee includes breakfast, lunch,
printed materials, and 6 CEUs.**

Presenters:

Teepa Snow, MS, OTR/L, FAOTA
Dementia Care Specialist

Director of Education,
Eastern North Carolina Alzheimer's Association
"Managing Behavior: Start With Yourself"
&
"Building Hands-On Caregiving Skills
for the Middle Stages of Alzheimer's Disease"

Robert Portney, MD

Geriatric Neuropsychiatrist
Faculty, Harvard Medical School
Instructor, Mass General Hospital/ McLean Hospital
"Ethical Issues in the Treatment of Dementia"

Suzana Makowski, M.D., M.M.M.
Palliative Medicine Physician

Associate Professor; Department of Medicine, UMASS
"Integrative Alzheimer's Care: Tending to the Senses"

For more information or to register, visit www.alzcapecod.org or call Kristine at 508/775.5656.

10th Annual Cut-A-Thon & 1st Annual Massage-A-Thon!

In loving memory of Mary Raposa
November 10 • 9a—3p

Cape Cutters Hair Salon, Rt. 6A, E. Sandwich 02537
For more information, call Jennifer Farias at 508/888.8861

Health Fair at Eagle Pond Rehabilitation & Living Center

Friday, October 26 • 12pm—3pm
**Eagle Pond Rehabilitation & Living Center,
1 Love Lane, S. Dennis 02660**
Muhammed Absar, M.D.
Behavioral Neurologist and Neuropsychiatrist
"Behavior and Dementia"

ASCCI received a grant from **The Kenneth B. Schwartz Center** at Mass General Hospital to develop a comprehensive training program for professional caregivers in residential care settings. Recently, 14 professionals completed the pilot training program focused on empathic care, psychiatric changes and medications, and caring for the caregiver. These individuals are now considered Alzheimer's specialists within their facilities. ASCCI is in the process of developing a series of In-Service programs based on the empathic care model. For more information, contact Gail at 508/775.5656.

November is Alzheimer's Awareness Month!

Respite Grants are available for primary caregivers of individuals with Alzheimer's Disease or related dementias. Please contact Bobbie at 508/775.5656 for more information.

Would you like to receive our newsletter via E-mail?

Please email Meredith@alzcapecod.org or call 508-775-5656 to update your contact information.



Phone: 508-775-5656
 Fax: 508-790-9333
 712 Main Street, Hyannis, MA 02601
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Alzheimer's Caregiver Support Groups				
Upper Cape:				Facilitator
Bourne-Bourne Memorial Building	239 Main St Buzzards Bay	508-759-0653	3 rd Friday 9:00 AM	Mary Lyn Barber
Buzzards Bay – Cape Cod Nursing Ctr.	8 Lewis Point Rd.	508-759-5752	3 rd Tues. 6:30 PM	Norma Crete
Falmouth – Falmouth Jewish Congregation	7 Hatchville Rd.	508-778-5589	4 th Thurs. 3:30 PM	Ann Beth Ostroff
Falmouth – JML Care Center	184 Ter Heun Dr.	508-457-4621	Last Thurs. 10:00AM	Mary Lyn Barber/ Bobbie Jordan
Falmouth – Royal Nursing Center	545 Main St., Rt. 28	508-548-3800	2 nd Tues. 6:00 PM	Karen Souza
Mashpee – Christ the King Parish Ctr.	Rt. 151, 3 Job's Fishing Rd.	508-477-7700	1 st Tues. 1:00 PM	Judy Anthony
New Seabury @Mashpee The Brain Center	Promontory Point	508-477-5300	Call for Information	Eleanor Grace
Plymouth – Cozy Corner Adult Day	94 Nicks Rock Rd.	508-747-3332	3 rd Tues. 3:00 PM	John Scott
Plymouth – Sunrise Assisted Living – For Adult Children	97 Warren Ave.	508-746-9733	1 st Wed. 7:00 PM	Suzanne Baybutt
Sandwich – Cape Heritage	37 Route 6A	508-888-8222	3 rd Thurs. 3:00 PM	Cara Coull-McKay
Wareham – The Tremont	605 Main St.	508-295-1040	2 nd Thurs. 3:00 PM	Dianne Connolly
Mid Cape:				
Centerville – Cape Regency* (Offers simultaneous activity for individuals with AD)	120 S. Main St.	508-778-1835	3 rd Wed. 11:00 AM	Fran Lavin
Centerville – Harbor Point	22 Richardson Rd.	508-778-2311	2 nd Thurs. 5:30 PM	Call for Information
South Dennis – Dennis COA	1045 Rt. 134	508-385-8414	1 st & 3 rd Wed. 1:30 PM	Fran Lavin
South Dennis – Eagle Pond	1 Love Lane	508-385-6034	2 nd Wed. 3:30 PM	Mary Joyce
Lower Cape:				
Harwich – Harwich COA	100 Oak St.	508-430-7550	3 rd Thurs. 10:00 AM	Barbara-Anne Foley
Orleans – Orleans COA	150 Rock Harbor Rd.	508-255-6333	4 th Tues. 1:30 PM	Gail Quinn
Orleans – Orleans COA	150 Rock Harbor Rd.	508-255-6333	Call 508-775-5656 for interview	Sue Wangerman/Sally Callahan
The Islands:				
Vineyard – Edgartown COA	10 Daggett St.	508-627-4368	3 rd Monday 4:00 PM	Susan Desmaris
Nantucket – Our Island Home	9 E. Creek Rd.	508-228-0462	Last Fri. 1:00 PM	Call for Information.
Early Onset Support Group – for people with this rare form of Alzheimer's disease (younger than age 65). Call Alzheimer's Services for information and interview 508-775-5656				

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